

Thorpe House School Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot and Meaty	Chicken Curry Basmati Rice Nan Bread <i>Contains dairy/egg</i>	Thin Crust Pepperoni Pizza <i>Contains dairy</i>	Roast Gammon, Roast Potatoes, Seasonal Vegetables	Pasta Bolognese Bake Sweet corn <i>Contains dairy</i>	Chicken Burger in a bap, Chips Garden Peas
Hot and Veggie	Mushroom Stroganoff Basmati Rice <i>Contains dairy</i>	Thin Crust Cheese & Tomato Pizza <i>Contains dairy</i>	Vegetable Quiche <i>Contains dairy/egg</i>	Vegetarian Pasta Bake <i>Contains dairy</i>	Veggie Burger Chips Garden Peas
A Light Alternative	Fresh Cheese or Ham Baguette <i>With or without dairy spread</i>	Jacket Potato Cheese Tuna with or without Mayo <i>Contains dairy</i>	Jacket Potato Cheese Tuna with or without Mayo <i>Contains dairy</i>	Fresh Cheese or Ham Baguette <i>With or without dairy spread</i>	Home Made Soup Bread Roll <i>Contains dairy</i>
Super Salads	Selection of Fresh Salads with a choice of dressings available daily				
Something Sweet	Sticky Toffee Pudding <i>Contains dairy</i>	Flapjacks	Chocolate Mousse <i>Contains dairy/egg</i>	Apple Crumble and custard <i>Contains dairy</i>	Chef's healthy dessert
Yummy Yoghurt & Fresh Fruit Finish	A Selection of Fresh Fruit and Yoghurt is available daily <i>Yoghurt contains dairy</i>				

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Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot and Meaty	Cottage Pie with mixed vegetables <i>Contains dairy</i>	Pulled Pork in a bun Diced Potatoes	Roast Chicken Roast Potatoes Seasonal Vegetables	Pasta Carbonara <i>Contains dairy</i>	Battered Cod Chips and Garden Peas.
Hot and Veggie	Pasta & Tomato Sauce	Vegetarian Quiche <i>Contains dairy/Eeg</i>	Vegetable Quesadilla <i>Contains dairy</i>	Cheese on toast Baked Beans	Home Made Soup Bread Roll <i>Contains dairy</i>
A Light Alternative	Jacket Potato Cheese Tuna with or without Mayo <i>Contains dairy</i>	Fresh Cheese or Ham Baguette <i>With or without dairy spread</i>	Jacket Potato Cheese Tuna with or without Mayo <i>Contains dairy</i>	Fresh Cheese or Ham Baguette <i>With or without dairy spread</i>	Cheese Omelette <i>Contains dairy/Eggs</i>
Super Salads	Selection of Fresh Salads with a choice of dressings available daily				
Something Sweet	Meringues with cream and fruit <i>Contains dairy/eggs</i>	Apple Pie and Custard <i>Contains dairy</i>	Butterscotch Mousse <i>Contains dairy</i>	Chocolate Sponge and Custard <i>Contains dairy/egg</i>	Chef's Healthy Dessert
Yummy Yoghurt & Fresh Fruit Finish	A Selection of Fresh Fruit and Yoghurt is Available Daily <i>Yoghurts contains dairy</i>				

Thorpe House School Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot and Meaty	Chicken Chow Mein Basmati Rice	Lasagne Garlic Bread Sweetcorn <i>Contains dairy</i>	Roast Pork Roast Potatoes Seasonal Vegetables Served with Apple Sauce	Steak and Ale Pie Seasonal Vegetables Mashed Potatoes <i>Contains dairy</i>	Beef Burger in a bun Potato Wedges Garden Peas.
Hot and Veggie	Bean Chilli Basmati Rice	Pasta with Tomato Sauce	Vegetarian Quiche <i>Contains dairy/egg</i>	Vegetarian Lasagne <i>Contains dairy</i>	Veggie Burger in a bun Potato Wedges Garden Peas
A Light Alternative	Jacket Potato Cheese Tuna with or without Mayo <i>Contains dairy</i>	Fresh Cheese or Ham Baguette <i>With or without dairy spread</i>	Jacket Potato Cheese Tuna with or without Mayo <i>Contains dairy</i>	Fresh Cheese or Ham Baguette <i>With or without dairy spread</i>	Home Made Soup Bread Roll <i>Contains dairy</i>
Super Salads	Fresh Salad Bar				
Something Sweet	Sponge with Custard <i>Contains dairy/egg</i>	Shortbread <i>Contains dairy</i>	Fruit Smoothie	Peach Crumble and Custard <i>Contains dairy</i>	Chef's healthy dessert
Yummy Yoghurt & Fresh Fruit Finish	A Selection Of Yoghurt and Fresh Fruit is available daily <i>Yogurts contains dairy</i>				

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Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot and Meaty	Chicken with Vegetables Casserole New Potatoes	Sausages with Onion Gravy, Baked Beans Mashed Potatoes Seasonal Vegetables <i>Contains dairy</i>	Roast Beef Yorkshire Pudding <i>(contains Dairy/Egg)</i> Roast Potatoes Seasonal Vegetables	Chicken Fajitas served with all of the trimmings <i>Sour cream contains dairy</i>	Fish Chips Garden peas
Hot and Veggie	Cheese & Onion Frittata <i>Contains dairy</i>	Veggie Sausages Mashed Potatoes Baked Beans <i>Contains dairy</i>	Vegetarian Quiche <i>Contains Dairy/Egg</i>	Vegetable Fajitas Served with all of the trimmings <i>Sour cream Contains Dairy</i>	Macaroni Cheese <i>Contains Dairy</i>
A Light Alternative	Fresh Cheese or Ham Baguette <i>With or without dairy spread</i>	Jacket Potato Cheese Tuna with or without Mayo <i>Contains dairy</i>	Fresh Cheese or Ham Baguette <i>With or without dairy spread</i>	Jacket Potato Cheese Tuna with/without Mayo <i>Contains dairy</i>	Home Made Soup Bread Roll <i>Contains dairy</i>
Super Salads	Fresh Salad Bar				
Something Sweet	Sponge filled with Jam and Cream <i>Contains dairy</i>	Shortbread <i>Contains dairy</i>	Doughnuts	Toffee Rice Krispie Cake <i>Contains dairy</i>	Chef's Healthy Dessert <i>Contains dairy/egg</i>
Yummy Yoghurt & Fresh Fruit Finish	A Selection of Fresh Fruit and Yoghurt is Available Daily <i>Yogurt contains dairy</i>				